



Heijokyu Izanaikan Museum. About 4 km west of Nara Park, inside Nara Palace Site Historical Park (Heijokyuseki Rekishi Koen).











# The Center of the Ancient Capital City, the Nara Palace (Heijokyu)

Heijokyo, the capital city once located in Nara. Constructed at its north central edge was the Nara Palace, the center where the emperor lived, and which had the national diet and other government administrative functions during the Nara period (710~784 CE).

Now a registered UNESCO World Heritage Site, it is both a historical park with reconstructions of buildings from the Nara period, such as the Suzakumon Gate and Daiichiji Daigokuden, as well as a relaxing place loved by the locals.

In addition, the Nara Palace Site and surrounding area have been getting more and more attention as a precious place where a diverse natural environment remains, as we can observe over 100 different types of birds and other wild life here.

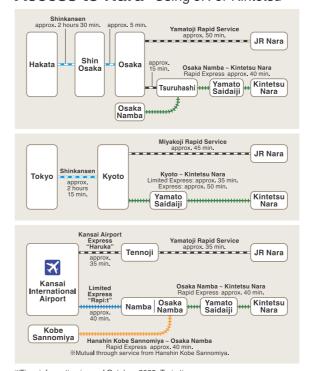
It is here at the Heijokyu Izanaikan that we can feel firsthand all that the Nara Palace Site has to offer. Through rich displays that include excavated items, this "experience-style" national facility shows us how people lived during the Nara period.





Bus Routes and Timetable

### Access to Nara Using JR or Kintetsu



\*Time information is as of October, 2025. Train times may vary.



Nara Kotsu fixed route bus #160/163

10-6 minutes from the South Exit of Kintetsu Yamato-Saidaiji Station bus stop #12 to Suzakumon-hiroba-mae bus stop

2-16 minutes from Kintetsu-Nara station bus stop #11

3-10 minutes from the West Exit of JR Nara Station bus stop #13

#### On foot

-About a 20-minutes walk from the South Exit of Kintetsu Yamato-Saidaiji Station

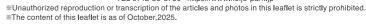
-About a 20 minutes walk from the South Exit of Kintetsu Shin-Omiya Station to the Suzakumon Gate

平城宮跡歴史公園 Nara Palace Site Historical Park

9:00~17:00 (Last entrance is 16:30.) Operating Hours

●Closed on the following days: The second Monday of February, April, July, and November (the following day if that is a holiday), December 29th ~ January 1st

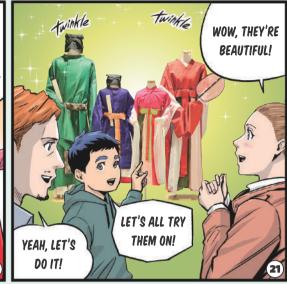
Heijokyuseki Management Center 3-5-1 Nijo Oji Minami, Nara City, Nara Prefecture, 630-8012 TEL 0742-36-8780 https://www.heijo-park.jp





You can try on this ancient clothing, and experience being a person from the Nara period. There are sets for adult men and women, as well as for boys and girls, and they are all easy to put on. It is free of charge. This activity may not be available depending on the situation.



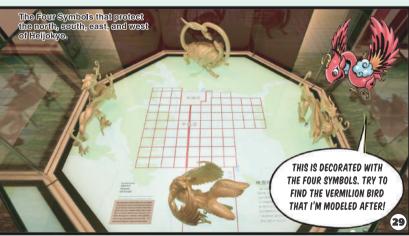




# So Many Mysterious Things! Exhibition of Excavated Artifacts and **Items from the Nara Palace Site**









\*Toin Teien Garden (East Palace Garden) is closed on Mondays



An "Ori-Shika" origami deer, or an original clear file near the entrance.



There are 32 QR Translators located on exhibition panels, etc.

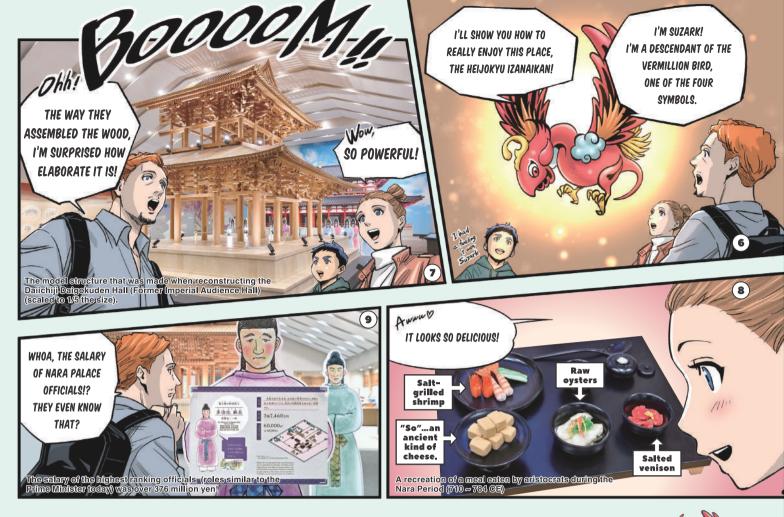
## **Facilities Easy** for Everyone to Use

Fully equipped with diaper changing stations, breastfeeding rooms, and multipurpose restrooms that are ostomy pouch friendly. Written communication available.

Wheelchairs can be borrowed free of charge.

\*\*Only for use within the grounds

of Suzakumon Hiroba Square. Lockers are available (require a 100 ven coin, which will be returned). The facility also has vending machines.



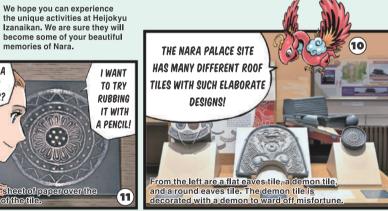
# **Experience the Technology, Design,** and Fashion of the Nara Period!







We hope you can experience





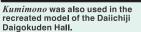




Mokkan use the sounds of kanji characters, and are written with the Manyo-gana characters that were used at the time. You can trace them on the touch panel here.









Kumimono are the parts that support the eaves. They are often used in the architecture of shrines and temples.

